STRAWBERRY

CAMP CRYSTAL LAKE NEWSPAPER



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212°

GO THE EXTRA DEGREE

LIZ' MINI WORKOUT

YOUR SUBMITTED STRAWBERRY MOMENTS

WHAT IS? SPIRIT DAYS





WELCOME

Hey Camp peeps! Welcome to the second edition of the Strawberry! We are glad to be able to bring camp to you at home in this weird time. This edition includes submissions from counselors, campers, and alumni. Feel free to submit your stories and photos for the next one. The more camp in our lives the better! We hope that you are safe and healthy. Have a wonderful day!

CCL PRESS CORPS

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STRAWBERRY

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SHOUT-OUTS



- Shout-out to Annatoes- tiktokguy
- "Kemba Walker is the GOAT- Matt Collada" Georgi
- Shout-out to Cameron Shannon for being the biggest squirrel
- Tommy DePattie was the greatest Crystal Ball maestro in CCL history!
- Shout-out to Drewski for turning 20!!!
- Natalie G is the best Minecraft player!
- Shout-out to Avery for the awesome insta story, you rock, ily- Katy K
- Shout-out to Gray!
- Business Ethics forevaa!
- Shout-out to Pebble Club 2018!
- Run me over oaks mall train
- Sad I can't come next year :(Excited for the years to come!- Lilly Denny
- Shout-out to Alina- Brynn P.
- To Liz aka my illegal mother, your illegal moana child misses you!
- To Sarah Ann Marrie apple tea will come out of my eyes periodt.
- Shout-out to Tasha, Anna Schmitt, Liv Tucker, for being really good friends!!!
- Shout-out to Madison Carter for being my bff at camp and at school
- Shoutout to the internet! Outside of camp, it's pretty useful I guess.- Jonny
- Shoutout to strawberry moments!!!
- Shoutout to Tasha and Gianna for being the nicest cabin mates!
- Eat your strawberry!
- Shoutout to G5 the best cabin!
- hi ruby imy
- Shoutout to Emily Burroughs for staying another year wooo :)- Ruby
- Hailey, I miss you so much and hope you come visit over the weekend session 3!- Your Fav workout buddy
- Go Blue Rattlers
- Shoutout to Greylin for being the best little- Teagan
- Shoutout to swiftwater camp session two for maintaining homeostatsis!!!-Sami
- I miss you G1!- Katie Moss
- Shoutout to G1 because it's awesome!- Avery Oyenarte
- CCL Mean Girls 4 Life
- Kyle, I saw you at the LSUv. UF football game but you disappeared by the time I tried to find you- Zane
- Can't wait to go back to camp!- Nora
- Laura, I miss camp already and it won't be the same without you!- haveycopey
- Trip, Pcott and Brad for being The Greatest Of All Time Co-Counselors - Landon
- Ball is life.
- Shout-out to Em bow for saving my life!- You know who!



LIZ'S MINI WORKOUT

CARDIO
WALK OR RUN FOR 30 MINUTES
ABS
1 MINUTE PLANK
30 SECOND SIDE PLANK ON EACH SIDE.
1 MINUTE PLANK.
35 CROSS CRUNCHES ON EACH SIDE.
35 V UPS
35 MOUNTAIN CLIMBERS
LEGS
15 NORMAL SQUATS WITH WEIGHT
15 LUNGES EACH SIDE
15 FRONT LUNGES AND 15 BACK ON EACH LEG.
DO IT EVERYDAY FOR A WEEK!
TO MAKE IT HARDER: ADD WEIGHT OR DO MULTIPLE REPS!

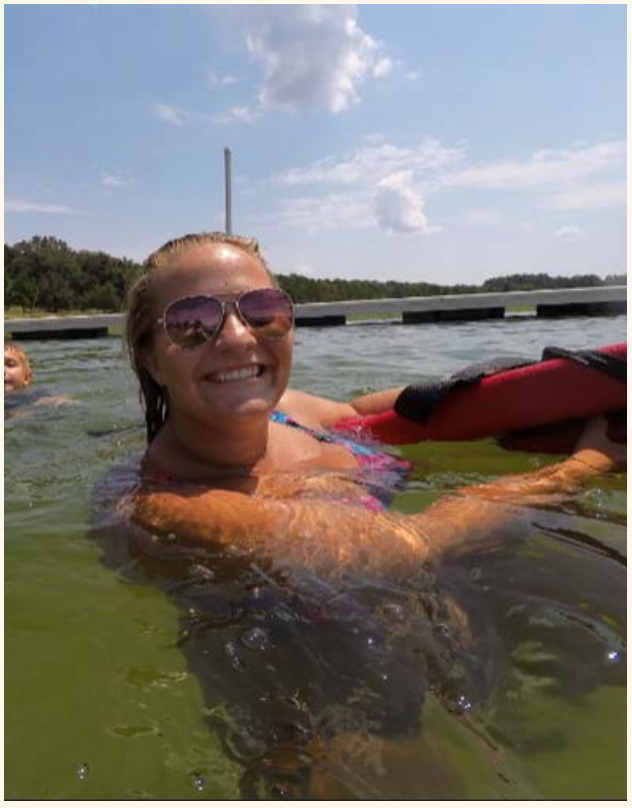
Katie's Corner: Wisdom from a G1 Goddess

Have you ever looked at your elbows and thought, "what if these were hairy?": Jared
Hey Jared, great question! I hadn't thought of that before, but right after I read this question I took a nice long look at my elbows. I seem to have a few blonde hairs on my elbows and I wondered, are your elbows completely hairless? I think that if our elbows had hair long enough to braid that people would shave them. Either that or maybe it would be considered beautiful and people would try to have the longest elbow hair.

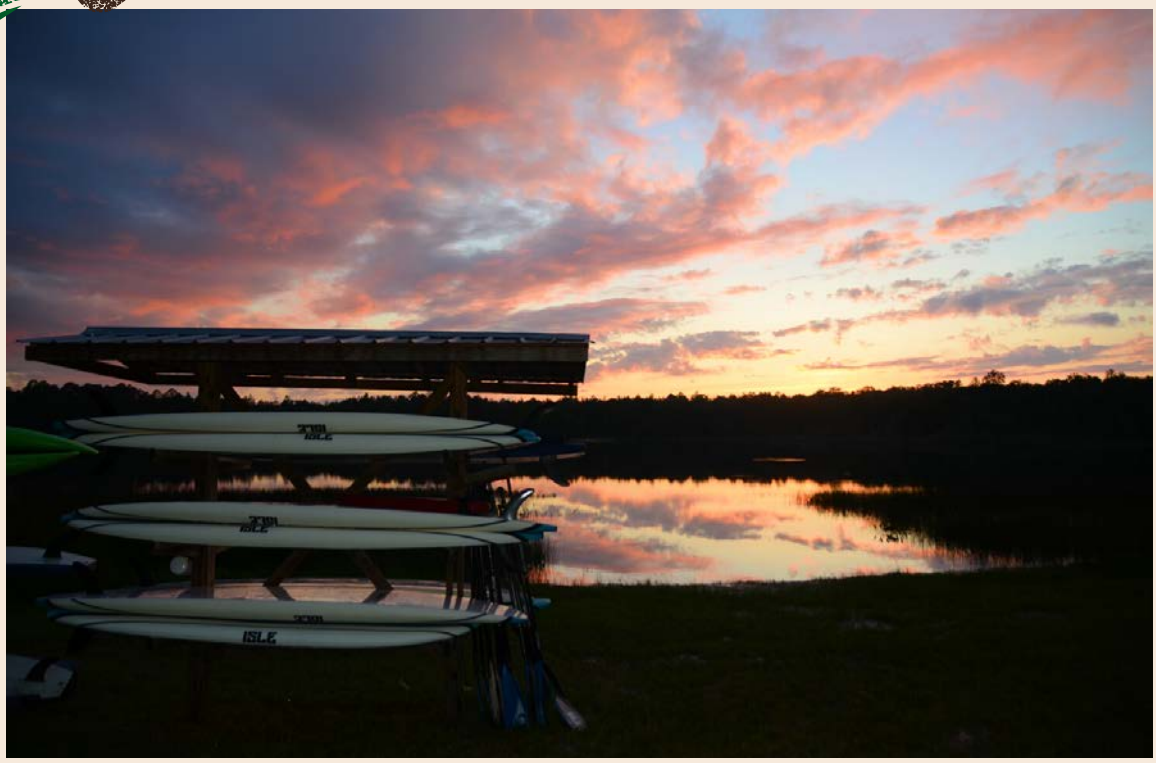
How can I get better at Hip Hop Fitness?: Anna Massey
Hey Anna! You are a rock star at hip hop fitness! I think the secret is to not take yourself too seriously and just have fun with it! Live in the moment!

Where is the best spot to see the sunset at camp?: Liz
Hey Liz! Camp sunsets are all so beautiful and no two have ever been the same! My favorites have been the ones I've seen during the camp dances. I like to watch from the canoe and kayak beach area. Sitting with friends on those steps and watching the sunset while talking about our favorite strawberry moments of the session is the best! Let me know your favorite spot!

How to French braid?: Drew Mcdougall
Hey Drew! French braiding is actually super easy! First, you start with a normal braid where you take three sections of hair. You loop the sections over each other, each one taking a turn being in the middle. For French braiding, you do the same motion but pull in a little more hair from the sides each time a section goes to the middle.



MYSTERY COUNSELOR



CABINS: G1, G4, G3, & CORE STAFF
YEARS AT CAMP: 10

SCHOOLS: ST. PATS, BUCHHOLZ, FLAGLER, & UF

HAIR COLOR: BROWN

EYE COLOR: BLUE

FAVORITE CAMP SAYING: CHOOSE YOUR ATTITUDE

FAVORITE CAMP MEAL: PESTO TORTELLINI

FAVORITE MOVIE: WEDDING SINGER

BIGGEST CAMP LEGACY: COINING THE PHRASE VOMAGEDDON

CABINS: B5 & CORE STAFF

YEARS AT CAMP: 7

SCHOOLS: LITTLEWOOD, WESTWOOD, GHS, FSU, SANTA FE COLLEGE, AND SAINT LEO

HAIR COLOR: DARK BROWN

EYE COLOR: BROWN

SPIRIT DAY COLOR: BLACK

FAVORITE CAMP CLASS: NAVY SEALS

FAVORITE TV SHOW: SHARK TANK

FAVORITE DISNEY PRINCESS: SNOW WHITE

Last weeks mystery counselors were Evee (Karoline) McKaig and Jonny Dose. Mystery Alumni was Jacob Zumburg and Peyton Ross



MAD LIBS: CAMP EDITION

BY EVEE MCKAIG

FILL THIS OUT ON A PIECE OF PAPER TO CREATE A HILARIOUS STORY! NO CHEATING! PICK EACH OF THESE WITHOUT LOOKING AT THE STORY THEN FILL IN THE STORY!

1. PERSON WHO IS EAGERLY AWAITING YOUR RETURN.
2. ADJECTIVE
3. NUMBER
4. ADJECTIVE
5. VERB ENDING IN -ING
6. CAMP CLASS
7. VERB (PAST TENSE)
8. ADJECTIVE
9. ADJECTIVE
10. FOOD
11. ADJECTIVE
12. ADJECTIVE
13. ADJECTIVE
14. LOCATION
15. ADJECTIVE
16. PLURAL NOUN
17. NOUN
18. CABIN
19. DIFFERENT CABIN
20. ADJECTIVE
21. COUNSELOR NAME
22. ADJECTIVE
23. NOUN
24. EXCLAMATION
25. SAME COUNSELOR AS #21
26. BODY PART
27. DIFFERENT BODY PART (PLURAL)
28. VERB ENDING -ING
29. VERB
30. SAME BODY PART AS #26
31. COUNSELOR NAME
32. FOOD
33. PLURAL NOUN
34. ADJECTIVE
35. PLURAL NOUN
36. YOUR NAME

Dear ___1___ ,

Wow! What a___2___day! It's day ___3___ of camp, and I can tell it's only going to get more___4___from here. Today it was___5___so hard all day. The counselors didn't let that ruin our fun, though! For my first period, ___6___ , we ___7___outside. We all got so ___8___! I'm definitely taking that class again next summer. For dinner we had ___9___ ___10___ . I've never tried that before, and it was ___11___! I don't know how Ms. Holly cooks up such ___12___food in the kitchen, but she's doing a ___13___ job! Because of the weather, we had to do our evening activity in ___14___. It was THE MOST ___15___NIGHT OF MY LIFE. We did an activity called Night at The ___16___. Basically what we do is each cabin picks a counselor who they put on a ___17___and campers have to take turns pushing them from one side to the other. The first counselor to pass the finish line wins. You would think the most shocking part was when ___18___ pulled ahead and beat ___19___ at the last second, but that wasn't even close to the most ___20___ part of the night. During the half time show, ___21___ was being their usual ___22___self and dancing with a ___23___to make everybody laugh. We all heard a loud ___24___ , and we look up to see ___25___ standing frozen with their hand over their ___26___ . They slowly pulled their away, and flashed a big wide grin to show us they were missing their ___27___! They didn't let that faze them, though. They just kept ___28___ ! We all felt bad, but I have to admit it was hard not to ___29___ when I looked at their ___30___. Oh well, ___31___said it's time for lights out, so I guess that's all for now! I can't wait to hear back from you, and if you're feeling generous, do you think you could send me some ___32___ and ___33___? Camp is great, but a package from home would make it even more ___34___ .

Hugs and ___35___ !

___36___

WHAT IS: SPIRIT DAY







Spirit day is a 24 hour event during the two week sessions. The camp is split into two teams blue and green. The events that both teams compete in are Capture the Flag, the Nakusa Relay (that has 60+ events), Tug of War, Morning at the Races, Silent Dinner, and the Great Yarn Race. The teams also perform fun cheers, sing themed songs, and design a paddle with their mascot!

GO!

SPIRIT DAYS THROUGH THE YEARS







2015 was the first summer of Spirit days! Both session three and five had the same teams, the Blue Aliens and the Green monsters. Each team had two campaign managers and one spirit leader!

One of the best events of Spirit Days is Silent Dinner. Every counselor and camper has to eat and cheer while not making any sounds! The Black Mambas spend all of dinner trying to make either team talk, sing, or laugh! The mambas put on a playlist filled with songs that are really hard to not sing-a-long to!



During session five in 2018, morning at the races was added to Spirt Days because of weather conditions but it became a camper and counselor favorite so it has stayed ever since!

TIMELINE OF SPIRIT DAYS

2015

GREEN MONSTERS: WINNER
Pieter De Wolf, Allysen Marks, and Prestin Smith

GREEN MONSTERS
Emilee Bell, Landon Strack, and Emily Kaidy

BLUE ALIENS
Geneva Swanson, Ryan Nicholas, and Haley Wernon

BLUE ALIENS: WINNER
Justin Hagin, Susan Stanfill, and Ravi Kumar

2016

GREEN COWBOYS
George Dell, Erin Delaney, and Zach Valdez

GREEN MARTIANS
Sarah Lapcevic, Brad Hines, and Peyton Ross

BLUE BANDITS: WINNER
Prescott Cowles, Caroline Sarmiento, and Jared Rogers.

BLUE EARTHLINGS: WINNER
Jacob Zumberg, Julia Kendall, and Martin Giblin

Judges' mascot changed from the Yellow Jackets to the Black Mambas

2017

GREEN DRAGONS
John Hentshel, Blythe Ferguson, and Rob Anhalt

GREEN LEMURS: WINNER
Kelly Leitner, Bryce Nesbit, and Cristina de la Puerta

BLUE KNIGHTS: WINNER
Evee McKaig, Hunter Ross, and Emily Burroughs

BLUE JAGUARS
Emmett Kendall, Sierra Nesbit, and Jackson McKaig

2018

GREEN PIRATES: WINNER
Alan Wagner, Liz Mills, and Allan Spear

GREEN JACKALOPE: WINNER
Jonny Dose, Anna Massey, and Issac Gordon

BLUE SHARKS
Caroline Kostamo, Cameron Shannon, and Haley MacCallum

BLUE RATTLERS
Katie Moss, Tony Echeverria, and Brooke Ferguson

2019

GREEN DINOS
Tess Williams, Drew Outcalt, and Julia Burton

GREEN GATORS
Josh Mcafee, Avery Harrison, and Davis Shockley

BLUE ROBOTS: WINNER
Zak Kostamo, Kristin Chase, and Trey Milne

BLUE BABOONS: WINNER
Anna Tosolini, Sam Cornell, and Lydia Bjornson

SPIRIT LEADERS THROUGH THE YEARS





















FUN FACTS ABOUT SPIRIT DAYS

- Blue has won more spirit days then Green (6-4)!
- There has been more green boy spirit leaders than girls!
- Spirit Leaders have less than five days to create their songs, cheers, and do all of the planning!
- Session 3 2016 is the only spirit day that did not happen on the first Wednesday/Thursday of the session!
- Teams are usually based on one of the theme weeks of the two-week session!
- The counselors compete in a small version of the Nakusa relay during pre-camp!

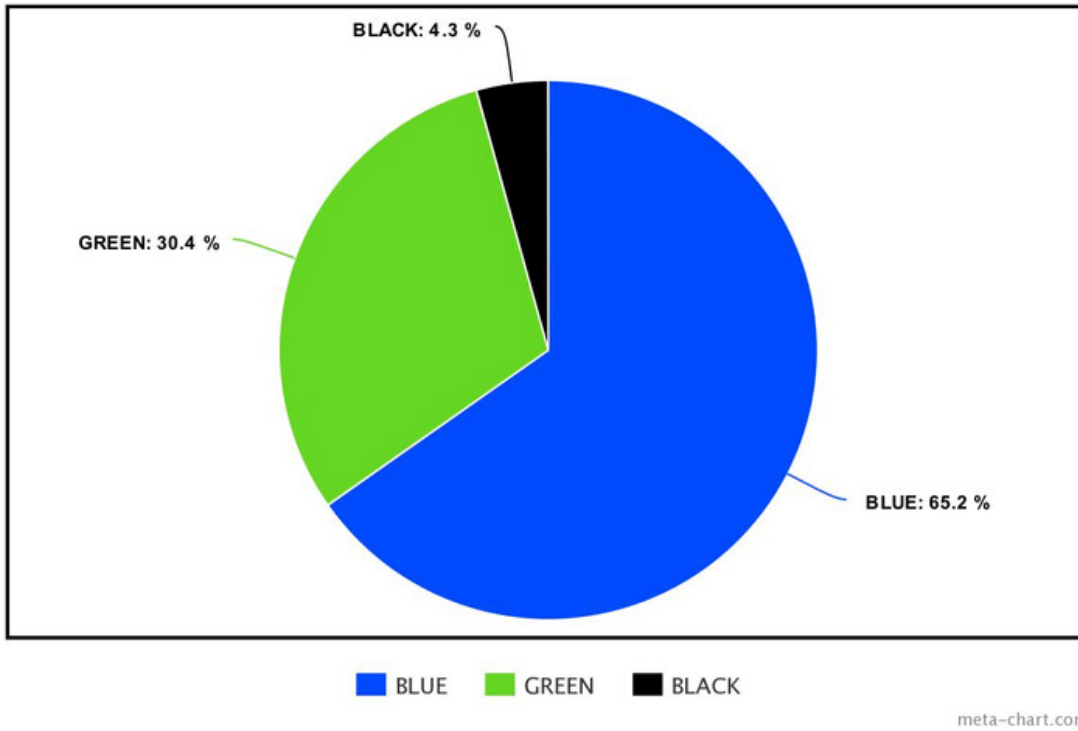






SPIRIT DAYS POLL

WHICH TEAM
BLUE OR GREEN?











Black Mirror: 6724 Camp Crystal Road
By Tommy DePatie

The year is 2021 and robots have fully optimized the camp experience. Yes, I know, this is uncomfortably dystopian. 2021 is next summer, no? How could AI transform camp within a handful of months? Isn't this some story for 2050, or something? What will happen to my favorite counselors and activities? Well, bucko, you've underestimated technology's rapid advancements and our robot overlords have, as we speak, collected and analyzed all the data necessary to fulfill their masterplan.

Oops, I apologize. You know how I mentioned summer 2021? The robot overlords have informed me that their complete optimization of the camp experience begins now. They have sent back your registration (full refund) and have conveniently included CrystalContacts. CrystalContacts wear as contact-lenses, allowing you to uniquely immerse yourself into your own CCL world. These CrystalContacts, they say, have been pre-loaded with the memories of every camper, counselor, and director dating back to 1948. The voices, faces, and mannerisms of your most beloved friends and mentors have been laid over neutral bodies, providing an on-demand Camp experience, one in which you'll never be void of friendship, family, or fun.

Our robot overlords claim CrystalContacts allow you to not only experience the sights of camp, but the sounds, temperatures, smells, and tastes, too. They've built algorithms producing, for example, the exact sensations and perceptions involved in listening to the chatter of your half-asleep cabinmates, hearing the bell toll, waking and walking from your cabin toward the dining hall up the cold and misty hill, all while taking in that morning wet grassy-mulch scent. Don't you fret, activities have been fully optimized and digitized through CrystalContacts, as well. You'll be able to feel the sun's blazing heat on your shoulders as you paddle to pebble beach, don't you worry. And you'll have sunscreen. The overlords recognize it's no joke. Sound good? This is the future and you shouldn't have expected anything less. Now, I'd best leave you in anticipation of the new Camp experience. *puts on CrystalContacts* Oh, by the way, Janet Wells says "Hi." Quite Wellian, if you ask me.

SUBMITTED STRAWBERRY MOMENTS



Submitted by Lily



Submitted by Haven



Submitted by Jared



Submitted by Alan



Submitted by Landon



Submitted by Ruby



Submitted by Emma

Want your photo in the next issue? Email your favorite camp photos to campcrystalnews@gmail.com!



Submitted by Camden



Submitted by Teagan



Submitted by Sami



Submitted by Cam



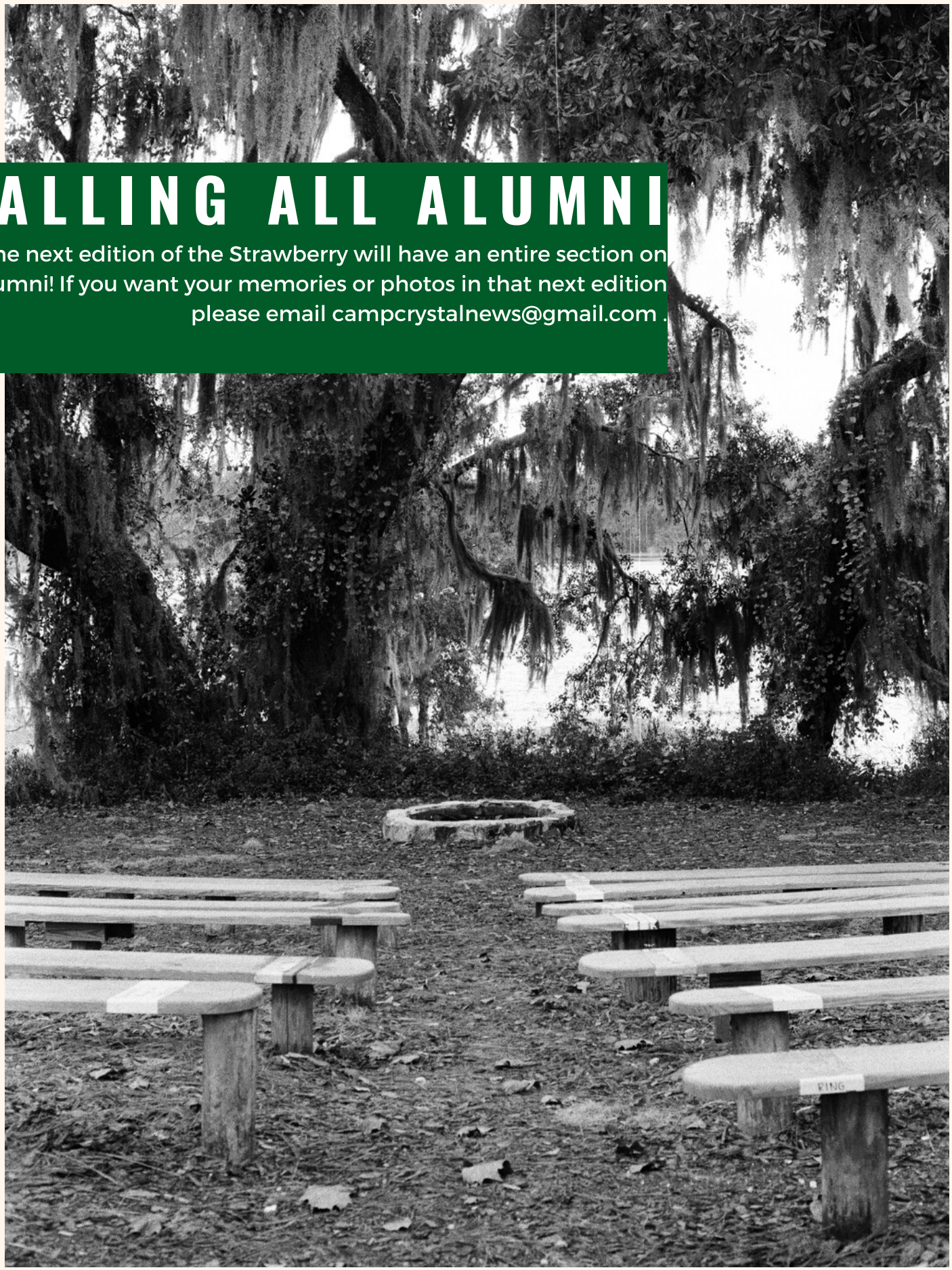
Submitted by Kylie



Submitted by Riley



Submitted by Zane



CALLING ALL ALUMNI

The next edition of the Strawberry will have an entire section on Alumni! If you want your memories or photos in that next edition please email campcrystalnews@gmail.com .