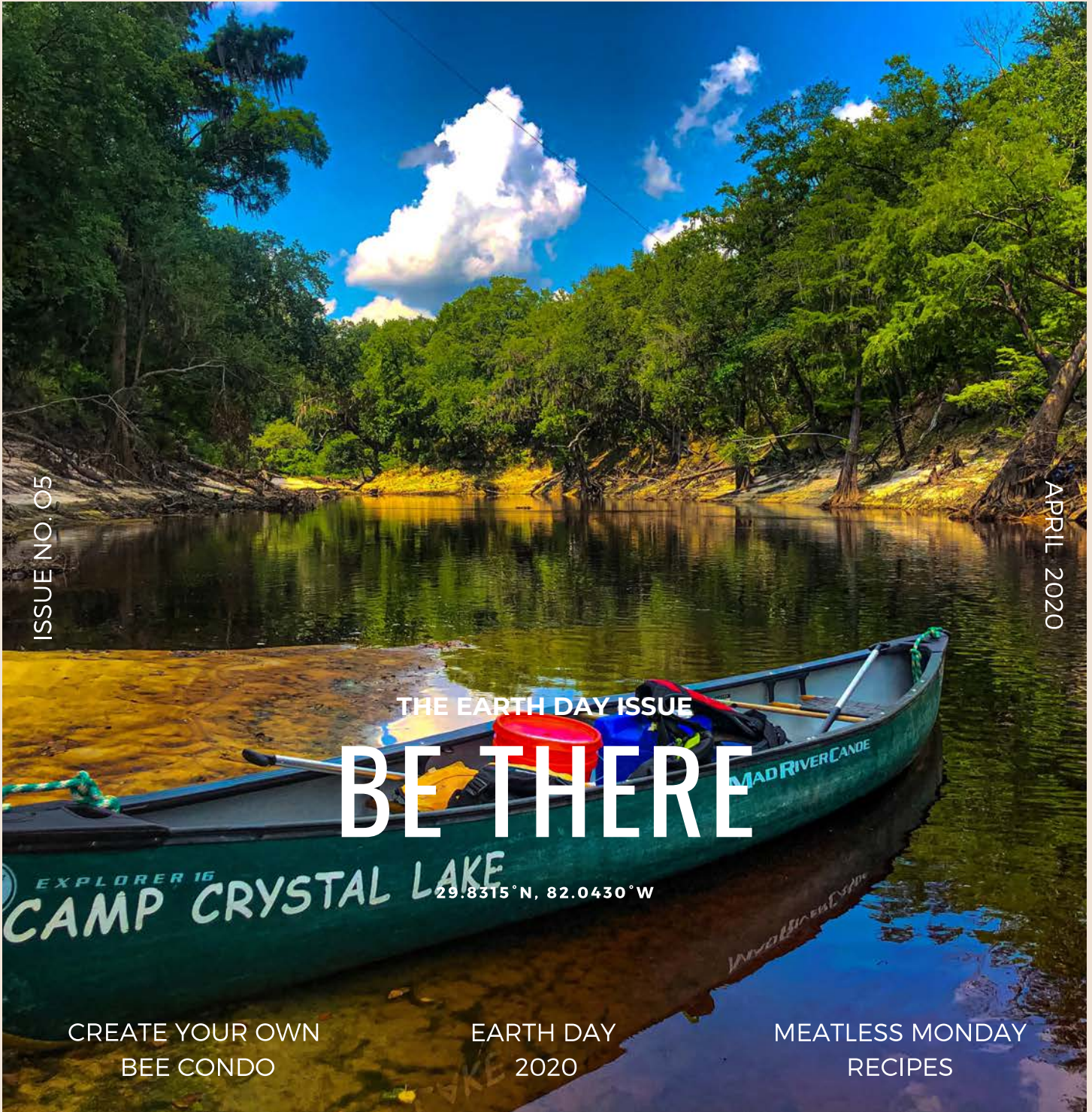


# STRAWBERRY

CAMP CRYSTAL LAKE NEWSPAPER



ISSUE NO. 05

APRIL 2020

THE EARTH DAY ISSUE

# BE THERE

29.8315° N, 82.0430° W

CREATE YOUR OWN  
BEE CONDO

EARTH DAY  
2020

MEATLESS MONDAY  
RECIPES

# WELCOME

to our Earth Day Issue.



## PHOTOS

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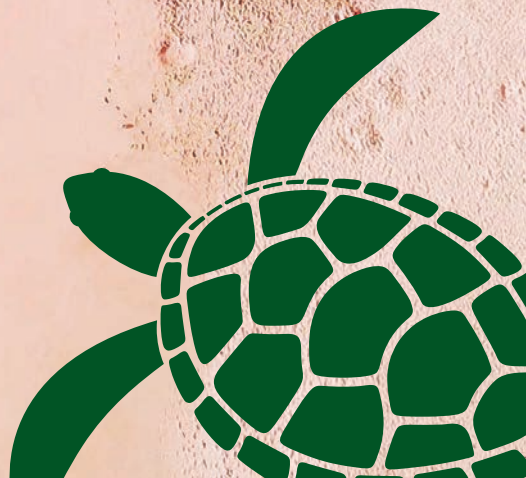


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# EARTH DAY 2020

BY CORY DEEMER

In 1970, the first **EARTH DAY** was planned as a protest to demand stricter environmental regulations and protections. The event quickly spread and was soon recognized internationally. The **Clean Water Act**, **Clean Air Act**, and **The Endangered Species Act** came out of Earth Day movements. On April 22, 2020 we celebrate the **50th anniversary of Earth Day!**

What does that mean for us as we get ready for the 50th anniversary?

There is still an abundance of work to do just here in Florida alone. Our springs and waterways are in danger from pollution and overuse, and we need to protect these places. We all love to play in the water on a hot day, and we don't want to lose these magical locations. Not only are these places fun to visit but also a vital resource for life. The springs and aquifer are the primary sources of Florida's drinking water.

## **Here are some ways that you can help out on Earth Day and throughout the year!**

- Always pick up trash when you see it. This is a super easy one that doesn't take much effort!
- You can even pick up trash from a nearby creek, or area along a local roadway (safely, of course). This can be fun with a small group of friends!
- Local non-profits are always looking for volunteers to help out with events. Considering volunteering with **Kings Of The Springs**, **Current Problems**, **Alachua Conservation Trust**, or any of the many other groups that protect where we play.
- Try planting a tree that is native to your area! Not only is it fun, but it can also be rewarding to watch your efforts grow!

Above all, the essential thing that you can do this Earth Day is to be outside! Go for a walk, swim, hike, paddle, and enjoy nature. Enjoy these precious resources that our planet has to offer. With a little bit of work, we can keep them around for generations to come!

# SOME GOOD ENVIRONMENTAL NEWS

- THE WATER IN CANALS IN VENICE, ITALY ARE NOW CLEAR FOR THE FIRST TIME BECAUSE OF LESS USE OF BOATS AND SHIPS IN THE AREA.
- TEN DAYS AFTER THE SHUTDOWN OF INDIA, THE PUNJAB REGION COULD SEE THE HIMALAYAS FOR THE FIRST TIME IN OVER HALF A CENTURY DUE TO CLOSED FACTORIES AND LESS AUTOMOBILE POLLUTION.
- THE THAILAND RESORT ISLAND OF PHUKET HAS SEEN A RISE IN SEA TURTLE NESTS ON THE BEACHES THERE FOR THE FIRST TIME IN TWENTY YEARS.
- ACCORDING TO NASA SATELLITES, THERE IS A THIRTY PERCENT DROP IN AIR POLLUTION OVER THE NORTHEAST UNITED STATES.
- WHILE IN THE UK, NO<sub>2</sub> (NITROGEN DIOXIDE) DROPPED BY 60% COMPARED TO 2019.

# ***BEE THERE FOR BEES***

## **WHY DO WE NEED BEES?**

AS BEES EAT FROM FLOWERS, THE POLLEN STICKS TO THE BEES AND IS SPREAD AS THEY FLY FROM FLOWER TO FLOWER,

THIS PROCESS OF POLLINATION HELPS THE PLANTS REPRODUCE.

MORE POLLINATION MEANS MORE PLANTS FOR ANIMALS (LIKE US!) CAN EAT!

## **WHY ARE THEY DISAPPEARING?**

BEE POPULATIONS ARE DECREASING WORLDWIDE DUE TO CHANGES IN THE CLIMATE, INFECTIONS FROM PATHOGENS/PARASITES, AND INDUSTRIAL AGRICULTURE.

## **WHAT WOULD HAPPEN IF THE BEES WENT EXTINCT?**

THE EXTINCTION OF BEES WOULD MEAN LESS POLLINATION OF PLANTS ALL OVER THE WORLD - HARMING MANY HABITATS AND FOOD SOURCES.

## **FACTS ABOUT BEES**

- BEES ARE IN THE ORDER HYMENOPTERA, A GROUP OF INSECTS THAT INCLUDES ANTS, SAWFLIES, AND WASPS!
- BEES ARE EUSOCIAL INSECTS, MEANING THAT THEY LIVE TOGETHER AND COOPERATE.
- DIFFERENT BEES DO OTHER DIFFERENT JOBS FOR THE HIVE, LIKE SOME THAT REPRODUCE, OR OTHERS THAT TAKE CARE OF THE YOUNG.
- MALE HONEYBEES ARE CALLED DRONES.
- BEES DANCE TO COMMUNICATE TO EACH OTHER WHERE THERE IS FOOD. THERE ARE TWO TYPES OF DANCES - THE ROUND DANCE AND THE WAGGLE!



# BUILD YOUR OWN BEE CONDO



HERE IS A BEE CONDO MADE BY THE STRAWBERRY NEWS CREW

## MATERIALS

- MEDIUM SIZED CAN
- 2 ROLLS OF TOILET PAPER (EMPTY)
- SHEETS OF OLD PAPER
- GORILLA GLUE OR A HOT GLUE GUN (ADULT NEEDED)
- TAPE
- a pencil
- PAINT FOR THE CAN (OPTIONAL BUT FUN)

## DIRECTIONS

1. CLEAN THE CAN AND MAKE THE EDGES LESS SHARP!
2. PAINT THE CAN (OPTIONAL).
3. TAKE YOUR RECYCLED PAPER AND CUT IT DOWN THE CENTER AND MEASURE NEXT TO THE CAN. ADJUST THE SIZE ACCORDING
4. TAKE A PENCIL AND WRAP THE PAPER TIGHTLY AROUND THE PAPER. THEN TAPE IT AND REPEAT UNTIL THE TOILET PAPER ROLL AND CAN ARE FILLED.
5. GLUE THE TOILET PAPER ROLL IN THE MIDDLE OF THE CAN.
6. GLUE THE ROLLS OF PAPER INTO THE TOILET PAPER ROLL TIGHTLY TOGETHER AND TO THE BOTTOM OF THE CAN.
7. SHAKE YOUR CAN TO SEE IF ANY OF YOUR PIECES FALL OUT!
8. PUT YOUR BEE CONDO IN AN OPEN SUNNY SPOT ABOUT 3 FEET FROM THE GROUND. MAKE SURE IT IS TIED DOWN TIGHTLY, SO IT DOESN'T MOVE IN THE WIND!

# Meatless Monday Recipes

Meatless Monday is an international movement to cut down the amount of meat consumption. By eating less meat for one day a week, you can improve your health and reduce your use of Earth's resources! If you can't go vegan or vegetarian, it's a great way to help Earth!

## BREAKFAST QUESADILLA

### Ingredients

- 2 eggs
- 2 flour tortillas
- 1/3 cup of shredded cheese (Mexican, Colby Jack, or Cheddar blends)
- 1 tbsp of butter (also could use olive oil or cooking spray)
- Add whatever veggies!
- add Salsa for topping

### Supplies

- Stove
- Bowl
- Whisk
- Spatula
- Skillet

### Directions

1. Whisk together eggs a medium bowl.
2. Melt 1 tablespoon of butter in a skillet over medium heat. Add the eggs and cook, undisturbed until a thin layer of cooked egg appears around the edge of the skillet. Using a rubber spatula gently move the eggs around the skillet until they are nice and fluffy. They will stay shiny.
3. When your eggs are done, take them off of the stove and add them to your flour tortilla.
4. Add the other part of the butter in the pan at medium heat,
5. Then add 1 tortilla to the pan and put the cheese on it.
6. When the cheese is melted, add the eggs and then put more cheese on top.
7. Put the other tortilla on top and then flip it over, browning it on both sides.
8. When it's brown take it off the skillet. Let it rest, cut it, and then Enjoy!

## LUNCH IDEAS

- Peanut Butter and Jelly Sandwich (a CCL classic)
- Mac and Cheese
- Grilled Cheese



It takes 460 gallons to make a 1/4 pound Hamburger and it only takes 110 gallons to make a pound of corn.



## FRIED TOFU TACOS

### Ingredients

- Chilli Sauce
- Firm Tofu
- Sour Cream
- Shredded Cabbage
- Soy Sauce
- Panko crumbs
- Corn Tortillas
- Cooking Oil

### Supplies

- Stove
- Pan
- Knife

### Directions

1. Mix 2 spoonfuls of sour cream with a spoonful of chili sauce in a bowl
2. Heat 5 small tortillas and spread the sour cream mixture on top.
3. Layer a handful of cabbage strips onto tacos.
4. Slice 1/2 block of tofu into rectangles.
5. Coat tofu in soy sauce, then Panko crumbs.
6. Coat a pan with oil, fry tofu on both sides, and layer onto tacos.
7. Munch!



## DIRT CUPS

### Ingredients

- 2 cups of cold milk
- 1 package (4 oz) Chocolate instant pudding
- 1-8oz container whipped topping, thawed
- 1 package of Oreos (crushed into crumbs)
- 10 plastic cups

### Supplies

- Mixing Bowl
- Whisk
- Measuring cups

### Directions

1. Pour the milk into a mixing bowl and add the pudding mix.
2. Beat with a whisk until it is mixed (2 minutes)
3. Let pudding sit for five.
4. Stir in the whipped topping into the pudding softly until it is mixed well.
5. Place about a tablespoon of crushed Oreos into the bottom of each plastic cup.
6. Then add 2 tablespoons of pudding in each cup.
7. Repeat with another layer of Oreos, then pudding, & then cookies on top.
8. Put the cups in the fridge and let them chill for an hour.

# MYSTERY COUNSELORS: 2019 EDITION



**CABINS: G1 & G4**  
**HAIR COLOR: BLONDE**  
**EYE COLOR: BROWN**  
**SCHOOLS: BHS AND STETSON**  
**FAVORITE CAMP NATURE SPOT:**  
**SWING BY LITTLE CRYSTAL**  
**FAVORITE FLOWER: GARDENIA**  
**FAVORITE ANIMAL: ELEPHANT**

**CABINS: B2 & B1**  
**HAIR COLOR: BROWN**  
**EYE COLOR: GREEN**  
**SCHOOL: CHILES, LINCOLN, EHS, & UF**  
**FAVORITE CAMP MEAL: GARLIC BREAD**  
**FAVORITE CCL CLASS: PEBBLE CLUB**  
**FAVORITE BUG: ANT LION**  
**FAVORITE PIXAR CHARACTER: REMY**

## MYSTERY ALUMNI

**CABINS: G2&G3**  
**HAIR COLOR: BROWN**  
**EYE COLOR: BLUE**  
**YEARS WORKED AT CAMP: 2011-14**  
**FAVORITE CAMP CLASS: SUP**  
**FAVORITE CAMP MEAL: BLTS**  
**FAVORITE TV SHOW: THE OFFICE**  
**FAVORITE DISNEY PRINCESS: POCAHONTAS**



*Last week's mystery counselors were Emily Burroughs and Cameron Shannon, and the Mystery Alumni was Caitlin Keohane!*

# THE STRAWBERRY REVIEW

## A FILM CRITIQUE BY DAVIS SHOCKLEY

I love movies, I am a student of cinema. You can find me making many pop culture references and impressions on any given day. My favorite parts of camp are telling stories and dressing up as characters. And movies are all about telling stories and great characters. I'm no Drew Outcalt, but I have seen my fair share. I am not particular at all. I'll watch Transformers and then go to High School Musical. I can see Devil Wears Prada and then follow it up with the whole Indiana Jones franchise. My Favorite is Back to the Future but Jack Sparrow is my favorite character. I even like cheesy bad movies, because a bad movie can have good moments or be enjoyed for how bad it is. I never saw a movie that I genuinely hated.

That is until Frozen 2. One winter evening the staff decided to have a little get together and watch the hottest new holiday film Frozen 2. I enjoyed the first Frozen as much as any American did. Not with the passion of an 8 year old girl or a Disney addict, but as a fan of movies and earworm songs. Plus I was just happy to see my co-counselors again. Then the movie began and it was as if I was watching someone stick a jelly smothered knife into an already opened peanut butter jar. The film was a horrible mess. I was confused then disappointed then angry about how confused and disappointed I was.

The plot went nowhere. I was Lost in The Woods by the end of Act 1(Lost in The Woods was also one of the only things I found enjoyable about the film as a whole, an absolute jam in my mind) I had no clue why they were in the forest. Or what the spirits were besides a blatant ripoff of Avatar. I have seen if I were not a counselor performances with better storylines, and could someone please tell me what in the Great Spirit water has memory means? I heard that line an unnecessary amount of times. If water has memory I wish I were oil because I want to forget I ever saw that piece of garbage. And water doesn't have memory it's not a living thing it's two hydrogen atoms and one oxygen atom and that's all. And another thing, the dam breaks and is about to flood the city, then boom Elsa stops it with one wave of her hands like it was nothing. That was the whole tension of the plot solved by a magical swish and flick. Also since the girls mother was a part of the forest people don't you think that would have come up A LOT when she was at one point the QUEEN of ARENDELLE yet no one found that odd.

All in all this film was a disaster from start to end the only redeeming qualities were Lost in The Woods as aforementioned and Olaf's hilarious retelling of the first film which I actually enjoyed more than both films combined. I will defend my claim that this is the worst film in history till proven otherwise. I will fight any G1 girl and tell her to watch Mulan instead, which is a much cooler movie where a girl saves the day WITHOUT super powers. Overall on

Shockley's scale this movie gets zero lightning bolts out of 9. And to Disney you better get your act together for Frozen 3 or expect more reviews like these.

As Always General Commander Sir Lord Admiral Doctor Davis W. Shockley ESQ.  
AKA Big Beef AKA Broccoli AKA Chocolatey AKA Shrek AKA The Hulk AKA Paul Revere  
AKA Teddy Roosevelt's biggest fan

# CAMP PUPARRAZI

Since we're all stuck inside, here are some of our furry friends that we're spending our time with ☺ Check out the next edition for more friends.



Jared

BUG



Shockley

FOO FOO & KYRA



Caro

CINNY



Sam

MAPLE



The Kendalls

STOLI

**Avery**



**BELLE**

**Mackenzie**



**CODY**



**Josh**

**MOLLY**



**Drew M**

**TOBY**

**ABBY**



**LIZ**

**MAX**



## CAPTURE THE FLAG (PT. 2)

BY LANDON STRACK

Self-sacrifice is one of the most underrated traits of CTF. Sacrificing your body, mind, energy, and sometimes even your own fun. Everyone wants to ring the bell, and everyone wants their camp-wide moment of recognition where they are proudly presenting their CCL flag. Still, this personal agenda can be the kryptonite of a team victory. Personal sacrifice leads to a win. Everyone wants to take the opponent's flag, but few are willing to defend their own. If the most passionate, athletic, and intelligent teammates are willing to protect their flag with all of their tenacity, you will almost certainly outlast your opponent. A top tier CTF camper on defense can conserve their energy and most certainly last longer than even the best offensive weapons. An elite CTF player dedicating their game to defending their home turf is an elite and humble form of self-sacrifice.

Another form of self-sacrifice is a relentless attack. While it may cost you a great deal of energy - again self-sacrifice being the winning theme here - it can become an unstoppable force when done by many. There is great strength in numbers. A single attack by even the best CTF competitors can be dismantled by an average defense. However, after any attack, big or small, requires some form of recovery time by a defense to adjust their positioning and regaining their bearings based on the newest circumstances. Relentless attacks by offenders inevitably overcome even the strongest defensive fortresses if they aren't able or allowed time to recover. At any point and time during the chaos, it takes one camper to seize a moment of opportunity to escape a confused and tired defense to secure a flag. It isn't a matter who takes a flag or when a flag is taken; it is a matter of what that camper is willing to do to secure that flag for their team. They can either choose to be the sacrifice that allowed their team to prevail, or choose to fail by looking out for their own personal recognition.

# FUN FACT MATCH

## answers!

FROM LAST WEEK'S EDITION

|                  |  |
|------------------|--|
| JUJU             | has been to more countries than their age                        |
| TREY             | was Homecoming Queen & Prom Princess in the same year            |
| KRISTIN          | got her gum stuck in her hair at a middle school dance           |
| JONNY            | can play five different instruments                              |
| CARO             | held hands with Taylor Swift and then cried about it for 2 hours |
| HUNTER           | wants to be a sports reporter                                    |
| KELLY            | is secretly Batman   |
| DREW             | took hip hop for 2 years and ballet for 1                        |
| LYDIA            | cut their pinky tendon while carving a pumpkin in middle school  |
| BECK             | has a dog named Sammy  |
| TESS             | can pogo stick with no hands                                     |
| ALAN             | is obsessed with Olaf  |
| CAROLINE KOSTAMO | only likes pickles when they are in a sandwich and are in halves |
| ZAK              | has a heart-shaped freckle on their nose                         |
| KATIE MOSS       | fostered almost 20 dogs through their senior year of high school |
| EMMETT           | saw Tom Holland in his Spider-Man suit                           |
| EVEE             | has a pizza shaped burn on their body                            |

## DOCUMENTARIES ABOUT NATURE AND EARTH

- **OUR PLANET (NETFLIX)** DOCUMENTARY SERIES ABOUT WILDLIFE. NARRATED BY SIR DAVID ATTENBOROUGH.
- **GROWING UP WILD (NETFLIX)**. A DOCUMENTARY ABOUT FIVE MAMMAL BABY ANIMALS. NARRATED BY DAVEED DIGGS
- **DANCING WITH THE BIRDS (NETFLIX)**. AN ENTERTAINING DOCUMENTARY WITH FUN MUSIC ABOUT BIRDS AND THEIR INTERESTING COURTSHIP ROUTINES. NARRATED BY STEPHEN FRY.
- **NATIONAL GEOGRAPHIC: AMERICA'S NATIONAL PARKS (DISNEY+)**. A KEN BURNS DOCUMENTARY SERIES ABOUT SOME OF THE NATIONAL PARKS IN THE UNITED STATES
- **MONKEY KINGDOM (DISNEY+)**. A DOCUMENTARY ABOUT MONKEYS IN SRI LANKA. NARRATED BY TINA FEY.

## FUN FICTIONAL MOVIES ABOUT NATURE AND EARTH

- **WALL-E (DISNEY+)** A STORY OF TWO ROBOTS AND A POLLUTED EARTH.
- **HOOT ( 2006: RENT ON AMAZON OR YOUTUBE)** A TEAM OF KIDS GET TOGETHER TO SAVE THE HABITAT OF A RARE OWL IN FLORIDA.
- **THE LORAX (2012 RENT ON AMAZON OR YOUTUBE)**. A DR. SEUSS MOVIE ABOUT HOW TREES ARE IMPORTANT!
- **OVER THE HEDGE (2006: RENT ON AMAZON OR YOUTUBE)** A BUNCH OF ANIMALS FIGHT BACK AFTER LOOSING THEIR HABITAT TO A NEW HOUSING DEVELOPMENT.
- **FINDING DORY (DISNEY+)** NEMO AND FRIENDS END UP IN A WILDLIFE CONSERVATION CENTER.

## AMAZING BOOKS ABOUT NATURE AND WILDLIFE

### CARL HIAASEN'S BOOKS

**HOOT (2002), FLUSH (2005), SCAT (2009), & CHOMP (2012)  
ARE ALL FOUR ARE ABOUT CONSERVATION OF FLORIDA  
WILDLIFE!**



# EVEN MORE WAYS TO LEARN ABOUT (AND HELP) PLANET EARTH



To celebrate Earth Day 2020, Alachua County and the City of Gainesville are joining 250 other cities and counties around the world in participating in the **iNaturalist City Nature Challenge**, from April 24 to April 27. To participate in this activity, download the free iNaturalist app on your smartphone and then go outside and take photos of all the plants and animals you can find in your yard or neighborhood and post the photos to iNaturalist through the website or app. You can also report animal and plant sightings without a photo.



**Gorillas on the Line** is a program where you collect all your old/broken smartphones, cell phones, iPods, ipads, tablets, MP3 players, their chargers and accessories and drop them off at Life Unplastic or Santa Fe Zoo. Purpose is to get these items recycled in order to protect gorilla habitat where such materials are mined.

**International Dark Sky Week** is 4/19 through 4/26. [IDSW.Darksky.org](http://IDSW.Darksky.org) has a schedule of astronomy activities which coincide with Earth Day.  
Fun related apps: Sky Guide, Star Gazer, Star Walk.



## Online Resources

- [naba.org](http://naba.org) (help with butterfly counts and info. on creating butterfly gardening)
- [monarchjointventure.org](http://monarchjointventure.org) (like naba.org includes conservation and is specific to monarchs)
- [Zooniverse.org](http://Zooniverse.org) (more citizen scientist projects, etc.)
- [FL Fish and Wildlife Conservation Commission \(myfwc.com\)](http://myfwc.com) has a few projects such as: Wings Over FL, FL Nature Trackers, Wildlife Habitat at Home, Backyards and Beyond, etc.
- [IveGot1](http://IveGot1) is a good app for reporting invasive species

Other ideas could include

doing a nearby trash pick up,

Planting a tree

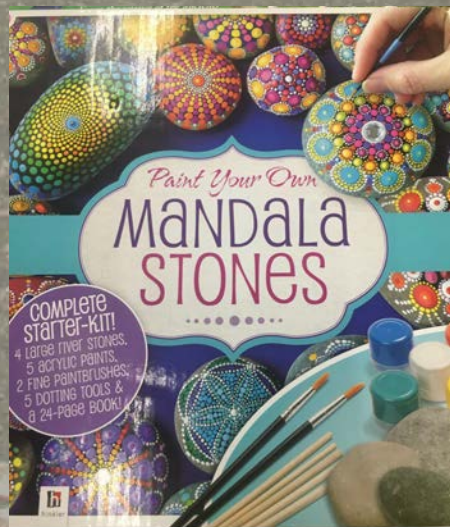
Starting a certified wildlife habitat (refer to NWF–National Wildlife Federation webpage),

Make a DIY compost bin at home (YouTube) or make a toad home (Google).

Find out how to make your own soap, shampoo, deodorant, laundry detergents and other cleaning products (Google “Trash is for Tossers” for how-to recipes.)

Read a book like “Plastic Free: How I kicked the Habit and How You Can Too” by Beth Terry.

Remove invasive plants from your yard, make a bat, bird or solitary bee house, etc. Some pics attached for nature crafts and recycled art ideas.



# THANKS FOR READING!

